UPS Timer Jobs in SharePoint 2010 and 2013

Time Job	Description	Frequency
Activity Feed Cleanup Job	Cleans up pre-computed activities used in activity feeds which are older than 14 days. This job does not affect the User Profile Change Log.	Daily at 3:00AM
Activity Feed Job	Pre-computes activities to be shown in users' activity feeds.	**SP2010**: Every hour **SP2013**: Every 10 minutes
Audience Compilation Job	Computes memberships of defined audiences.	Weekly – Saturday at 1:00 AM
Feed Cache Repopulation Job	Handled the repopulation of feed cache. **[Not available in SP2010]**	Every 5 minutes
My Site Suggestions Email Job	Sends out emails with colleague and keyword suggestions to people who don't update their profile often, prompting them to update their profiles.	Monthly – 10:00 PM on the 15th
Social Data Maintenance Job	Aggregates social tags and ratings and cleans the social data change log.	Every hour – at the half hour mark
Social Rating Synchronization Job	Timer Job to synchronize rating values between Social Database and Content database.	Every hour – at the top of each hour
System Job to Manage User Profile Synchronization	This timer job manages provisioning, run steps and additional tasks related to User Profile Synchronization. DO NOT CHANGE the information or frequency of this job. If you need to change how often incremental synchronization is done, access the user interface through the User Profile Service admin page, and click on the "Schedule Incremental User Profile Synchronization" link under the "Synchronization" category.	Every minute
User Profile Change Cleanup Job	Cleans up data which is 14 days old from User Profile Change Log.	Daily at 10:00 PM
User Profile Change Job	Processes changes to User Profiles	Every hour
User Profile Incremental Synchronization	This timer job will run at the specified interval to synchronize user, group and group membership changes between the User Profile Application and specified directory source (such as Active Directory or LDAP). Synchronization will look for changes since the last time this job was run and only perform these changes for AD and LDAP sources.	Daily at 1:00 AM

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User Profile Language Synchronization Job	Looks for new language pack installations and makes sure that strings related to user profile service are localized properly.	**SP2010**: Every minute **SP2013:** Every hour
User Profile to SharePoint Full Synchronization	Synchronizes user information from the user profile application to SharePoint users and synchronizes site memberships from SharePoint to the user profile application.	Every hour – at the top of the hour
User Profile to SharePoint Language And Region Synchronization	Synchronizes language and region information from the user profile application to SharePoint users. **[Not available in SP2010]**	Every minute
User Profile to SharePoint Quick Synchronization	Synchronizes user information from the user profile application to SharePoint users recently added to a site.	Every 5 minutes